Unmanifested TAO

Yin / Yang interactions exist but are undiscernible ("Pre-Heaven")

Yin / Yang interactions: Four Elements:

- Sensing
- Influencing
- Opposing

Yin / Yang interactions can be discerned but there is no creation yet ("Mid-Heaven")

Manifested TAO (creational cycle)

Yin / Yang interactions are manifested ("Post-Heaven")

FIRE (Inner fire) = Source; no structure
WATER = dynamical structure
METAL ("ICE"..) = regular structure
WOOD = complex structure

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TAO, Waves and Coherence
(Jing Qi Shen)

Manifestation of the Elements:
Extroversive Jing Qi Shen

Sequential cycle, controlled by the elements
("4 + 6" interactions)

Metal Wood Water Fire

Merging of the Elements:
Introversive Jing Qi Shen

"Water - Metal Synthesis": physical interactions in time and space

Matrix JQS

"Wood-Fire Synthesis": initial forms of existence outside time and space

Golden Ratio JQS (principle)

"Fire - Water - Metal - Wood"
hidden, simultaneous cycle ("5 + 5" interactions)
TAO en Internal Heart Coherence

ECG (Electro Cardio Gram) Jing Qi Shen:
waves converging in a matrix

Focus, analytical, structure, competences, self-manifestation

HRV (Heart Rhythm Variations) Jing Qi Shen:
waves fusing in a Golden Ratio optimized fractal

Empathy, connectedness, creativity, aesthetics, euforia

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